



Abydos

# EXPLORE EGYPT



Eastern Desert



Ma'aza Bedouin woman

*Travel  
a New and  
Exotic Path*

WITH  
**DR. CHAHINDA KARIM**

of the American University in Cairo  
as your Scholar-Guide

*Please see enclosed biography.*

**JANUARY 10-25  
2010**

## TOUR HIGHLIGHTS

- EL-AMARNA
- BENI HASSAN
- THE PYRAMID OF MEIDUM
- ST. CATHERINE'S MONASTERY
- THE LIBRARY AT ALEXANDRIA
- THE RED MONASTERY
- PHARAOHS ISLAND
- THE VALLEY OF THE KINGS  
IN LUXOR
- AND MUCH, MUCH MORE!



Temple of Dendera

# Start next year with a NEW & EXOTIC adventure!

*If you left Egypt with a yearning to return—to reconnect with your favorites and to travel off-the-beaten-path—or if you are an adventurous traveler who seeks uniqueness and authenticity visiting Egypt for the first time...*

*this program is for you!*

## ITINERARY

B = Breakfast provided

L = Lunch provided

D = Dinner provided

Sunday, January 10

### ARRIVE CAIRO

You will be met at your individual flights and transferred to the luxurious Semiramis Intercontinental Hotel located on the Nile.

Monday, January 11

### CAIRO (B,D)

As you relax and adjust today, Dr. Karim will present a seminar on Akhenaten, the pharaoh who introduced the concept of one God (monotheism), and provide an explanation of the legendary "Hymn to the Sun." In the evening we will have dinner together at the hotel. *(Please see the note at the bottom of the itinerary re: the optional trip to the Pyramids of Giza on this day)*

Tuesday, January 12

### CAIRO/MINIA (B,D)

We depart Cairo and drive toward Minia, visiting **Snefru's Pyramid** at Meidum. At the necropolis of Tuna el-Gebel, near Hermopolis (modern Ashmunyan), we'll visit the **Galleries of the Sacred Ibis** and the **Tomb of Petosiris**, a family tomb of eight generations of high priests of Hermopolis whose lives are intimately recorded in the charming and beautifully preserved wall mural, as well as the **Stelae of Akhenaten**. Late day arrival in Minia, overnight at the Aton or Horus Hotel—the newest and best hotels in the city—both situated along the banks of the Nile.

Wednesday, January 13

### MINIA (B,D)

A short bus ride takes us to **el-Amarna**, the site where Akhenaten and Nefertiti, having broken away from the centuries-old religious establishment at Thebes, made their capital during their revolutionary reign in the 18th Dynasty. The city was destroyed after Akhenaten's death, but the outlines of recently excavated temples and palaces and the superb decoration of **Amarna's rock-cut tombs** bring the history of this unique period to life.

Across the Nile at **Beni Hassan**, we will visit some of the remarkable Middle Kingdom Tombs cut into the cliffs high above the meandering Nile, where the view is spectacular. Recently restored and in pristine condition, the scenes present a panorama of the everyday life of the governors, courtiers and princes who lived in Middle Egypt. Of particular interest is a scene showing a caravan of Semites arriving in Egypt with their herds, which dates back to the time of Abraham.

Thursday, January 14

### MINIA/SOHAG (B,D)

Drive this morning to Sohag to visit the recently restored **Byzantine Church of Saints Bishai and Bigol at the Red Monastery**, a center for ascetic life in the fifth century A.D. recently restored by Temple University. The paintings here are astonishing and rare; very few visitors have the opportunity to see them. We'll also see the fabulous **statue of Merit Amun**, daughter of Ramesses, at the open air museum, as well as the famous



Detail from the tomb of Seti I

**Akmim silk factory.** Overnight in Sohag at the Nile Hotel.

Friday, January 15

### SOHAG/LUXOR (B)

Depart Sohag for Luxor, stopping at the **Temples of Seti I Abydos and Dendera** along the way. During his reign, Seti I encouraged an artistic and architectural revival. His temple reflects his ambitious program, especially today after the completion of an excellent restoration. Dedicated to Hathor, Dendera is a fine example of Ptolemaic architecture. Its distinctive features include a hypostyle hall with 18 Hathor-columns supporting a roof decorated with remarkable astrological scenes. Arriving in Luxor, we check into the Sonesta St. George Hotel.

Saturday, January 16

### LUXOR (B)

We have arrived in ancient Thebes, for several centuries the seat of the Middle and New Kingdom dynasties, and the literal center of the ancient east. The mysterious limestone mountains that rise up beyond the twisting, arid valley just above the Nile flood plain are honeycombed with treasures and curiosities—a place of secrets and legends.

On the West Bank of the Nile today, we visit the **Valley of the Kings**, where we hope to visit the **Tomb of Seti I** which will be open privately, the **Valley of the Nobles, Workers, and Medinet Habu**, a unique mortuary temple. After sunset we visit the **Luxor Temple**, illuminated at night, and the small and delightful Luxor Museum, where a new gallery has opened.

Sunday, January 17

### LUXOR (B)

The morning is free for you to visit some Luxor highlights, such as the **Karnak**

Temple or the **Temple of Hatshepsut** on the West Bank. In the afternoon we sail the Nile on a felucca, a traditional wooden boat.

Monday, January **18**

#### LUXOR/HURGADA (B)

Today, we depart Luxor and drive to **Hurgada**. Upon arrival we check into the new, extremely deluxe and exquisite Oberoi Sahl Hasheesh Red Sea Resort. Built on a desert bluff overlooking and connected to the Red Sea, it is by far one of the finest resorts in all of Egypt. Deluxe accommodations are nestled in a spectacular setting of Islamic architecture, the pool floats to the sea, the diving and snorkeling are outstanding, and the health club is a must. This day is free to relax at the Red Sea. You can arrange to scuba dive or snorkel, bask in the sun, or pursue other interests.

Tuesday, January **19**

#### HURGADA (B)

Take a **desert safari in the Eastern Desert**, where a lush green valley gives way to stony wilderness, rocks rise up in extraordinary formations, the sand blows and there is scarcely a sign of life except for the Ma'aza Bedouins, a pastoral tribe living unencumbered by material possessions and bound by kinship and livelihood to this desert wilderness. A friendly group, you will be able to interact with them informally at their camp. (If you prefer to visit the **Monasteries of St. Paul and St. Anthony**, this can be arranged on an optional basis.) The balance of the day is free. "Only those who have traveled in the desert can understand the joy of being there." —ANONYMOUS

Wednesday, January **20**

#### HURGADA/SHARM EL SHEIK/DAHAB (B)

Depart Hurgada early morning, traveling on a Red Sea Ferry to Sharm el Sheik. Upon arrival, transfer to the Bedouin Red Sea town of Dahab. This afternoon there will be several Sinai options available, including a tour into the Sinai or a visit to the local Bedouin market.

Thursday, January **21**

#### DAHAB (B,D)

This morning we will travel to Taba, where we catch a boat to the

picturesque **Pharaohs Island** on the **Gulf of Aqaba**, which dates to 939–936 B.C. Recently renovated, the fortress functioned as the center of an important trade route. From the top, one can view Egypt, Jordan, Israel and Saudi Arabia. To read more, visit: [www.geographia.com/egypt/sinai/phisland.html](http://www.geographia.com/egypt/sinai/phisland.html).

In the evening, we travel to a Bedouin camp for dinner, where an astronomer will show you a world very few people see. Located in the mountains are powerful telescopes that let you view the stars, craters and moon up close. Attach your digital camera to the telescope for some amazing photographs.

Friday, January **22**

#### DAHAB/CAIRO (B)

Depart Dahab for **St. Catherine's Monastery** at the foot of Mt. Sinai, one of the oldest Christian monasteries in the world. Highlights of the visit include the burning bush, the Basilica that houses famous icons, and hopefully the **library**—the oldest in the Christian world. From here we drive back to Cairo, stopping to view the **Suez Canal** along the way. Upon arrival, check in at the Semiramis Intercontinental Hotel.

Saturday, January **23**

#### CAIRO (B,D)

An insider's perspective. This morning you can either visit some of our tour organizers' favorite haunts or exercise the option to tour the **Cairo Museum** with Dr. Karim. In the afternoon, we will meet with someone at **USAID** in Cairo to learn about their projects in Egypt and visit the extraordinary facility at the **Society for the Protection of the Environment** to learn about current projects aimed at improving the lives of underprivileged Egyptians. In the evening, we'll gather at an Egyptian home for an intimate and authentic dinner.

Sunday, January **24**

#### CAIRO/ALEXANDRIA/CAIRO (B,L)

Transfer to the Ramesses train station and board the express train for **Alexandria**. The highlight of our tour is a visit to the newly opened library, a modern incarnation of the famous **ancient library** that drew scholars from across the ancient world. This new successor promises to do

the same and has already become a meeting place where today's scholars converge to conduct their research. After a stop for lunch along the Mediterranean, our sight-seeing tour of Alexandria will include the **Catacombs, Roman Theater, Pompey's Pillar** and the **Queitbay Fortress**. Return to Cairo.

Monday, January **25**

#### CAIRO/USA

Depart Cairo for the U.S. As we return home, one cannot help but contemplate the words of Florence Nightingale: "One wonders that people come back from Egypt and live lives as they did before." (1849–1850).

**Join BAS and Journeys of the Mind on an adventure of a lifetime!**

Price: \$5,000.00 per person  
(based on double-occupancy rooms;  
international airfare not included)  
Single Supplement: \$1,125.00

#### CONTACT:

Temma Ecker 708-383-8739  
[temma@journeysofthemind.com](mailto:temma@journeysofthemind.com)

**A Perfect Opportunity to Use Your Favorite Mileage Program**

Please note that international airfare is not included. Contact your preferred air carrier or ask us for detailed information on international flight options starting at \$975 from New York City. The first event of your Egyptian experience begins the morning of January 11.

**Add to your adventure!**

Is this your first time traveling to the legendary country of Egypt? We have some exciting options for you! You can come early or stay later to visit the Pyramids of Giza, or you may do so the day of the seminar on January 11. Please contact us for more details.



## CHAHINDA KARIM

Dr. Chahinda Karim is an Egyptologist, art historian and professor at the American University in Cairo. Since childhood, Dr. Karim's passion for Egyptology grew naturally as she learned from her father, a prominent expert on Egyptology. Making it a life study, this early inspiration culminated in a Masters in Egyptology and Art History from the American University and a doctorate from Cairo University.

Garnering outstanding reviews from travelers over the past six years, many have stated that Chahinda is the "Treasure of Egypt." Her unique way of integrating Egyptology with archaeology, art history and culture creates a meaningful connection among all the isolated sights of ancient Egypt. A delightful, personable and down-to-earth scholar, she will be your on-site guide and lecturer, making presentations that place every site within its fascinating cultural and historical context. Dr. Karim is uniquely qualified as the only Egyptian scholar licensed to lecture on-site, and she communicates her knowledge brilliantly as she inspires real learning and memories to treasure for a lifetime.

*"Dr. Karim is gifted in her knowledge and ability to blend the latest archaeological theories with the spirit of ancient Egypt. She inspires a deep appreciation for the grandeur and complexity of Egypt's art and architecture, both past and present, and is uniquely educated and experienced to meet the intellectual demands of the discerning traveler."*

—S. Carey, Boston

# Egypt

January 10 - 25, 2010  
REGISTRATION FORM



BIBLICAL  
ARCHAEOLOGY  
SOCIETY

Please read the terms and conditions, and retain a copy for your records

Enclosed is my deposit check of \$500 per person payable to Biblical Archaeology Society. I understand that if I cancel at anytime, a \$250 administrative fee will be withheld. Further refund policy details below. I am responsible for full payment no later than October 9, 2009. Please mail either copy or original with original signature to:

**Biblical Archaeology Society**  
4710 41st. NW  
Washington, D.C. 20016  
1-800-221-4644 · 202-364-3300  
E-mail: [travelstudy@bib-arch.org](mailto:travelstudy@bib-arch.org)

## LAND TOUR COSTS

Per person  
based on double occupancy

\$5000

Single Supplement

\$1125

## TOUR OPTIONS

Balloon ride over the Valley  
of The Kings \$250

## POST TOUR OPTIONS

prices and information upon request  
Extra nights in Cairo  
Jordan (and Petra) 5 days, 4 nights

Upon receipt and confirmation, an itinerary, general information packet, insurance form and a reading list will be mailed to you.

Last Name (as appears on passport): \_\_\_\_\_ First Name: \_\_\_\_\_ Mr/Ms/Mrs: \_\_\_\_\_

Passport No: \_\_\_\_\_ Expiration: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Mr/Ms/Mrs: \_\_\_\_\_

Passport No: \_\_\_\_\_ Expiration: \_\_\_\_\_

Names for badge: \_\_\_\_\_

Room Preference: \_\_\_ Single \_\_\_ Double \_\_\_ Twin

Address: \_\_\_\_\_ City, State & Zip \_\_\_\_\_

Day Phone: ( ) \_\_\_\_\_ Evening Phone: ( ) \_\_\_\_\_ E-mail: \_\_\_\_\_

Single Supplement: \_\_\_\_\_ Rooming with: \_\_\_\_\_

Medical Issues/physical limitations we should know about: \_\_\_\_\_

Credit card information (circle): Visa MasterCard American Express Discover

Card number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Name on credit card \_\_\_\_\_

Billing address (if different from above) \_\_\_\_\_

As a condition to acceptance of any application, each applicant must agree to, and sign, the statement set forth below.

**We consider this a moderately strenuous program. Walking on rough terrain and climbing stairs are part of some excursions. All tour participants are expected to be in active good health, enjoy traveling as part of a group, and ready to experience cultural differences with grace.**

I have read carefully the itinerary and outline for this tour, as well as the terms and conditions and refund policy of application and participation on the reverse side, and my signature below and payments constitute my acceptance of the above items. I represent that I am physically and mentally fit to be able to participate in it and recognize and accept any risks thereof and the conditions set forth therein, including the refund policy. I also understand and hereby agree for and on behalf of myself, my dependents, heirs, executors, administrators and assigns to abide by the conditions set forth under RESPONSIBILITY, on the next page, and to release, defend and hold harmless *Journeys of the Mind, Inc., Biblical Archaeology Society* any of their officers, agents, licensees or representatives from any and all liability for delays, illness, injuries or death, or for the loss of or damage to my property, however occurring, during any portion of, or in relation to, *Egypt, January 10-25, 2010*.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

## PRICES AND INFORMATION

### INCLUDED:

Arrival transfers plus airport transfers to and from group flights  
Air/land/river/ transportation within Egypt  
Meals per itinerary - daily breakfast.  
Entrance fees to sites per itinerary  
Special series of lectures  
Professional tour host plus local scholar/guide  
A study guide  
Pre-trip information packet

### PAYMENT SCHEDULE:

\$500 deposit upon application  
Balance due, payable by check, no later than October 9, 2009.

### REFUND POLICY:

Written cancellation received up to 90 days prior to departure – full refund less \$250 admin fee per person  
Written cancellation between 90 and 61 days prior to departure - \$500

Written cancellation from 60 days prior to departure – no refund

**We strongly urge you to purchase trip cancellation insurance** which, if purchased at the time you sign up, includes pre-existing conditions as well as operator bankruptcy.

## Terms and Conditions

**THE TOUR COSTS INCLUDE:** AIR TRANSPORTATION: Local air within Egypt. Airfare and regulations are subject to change without notice and can carry penalties and surcharges, until final payment has been received. HOTELS: Deluxe or as indicated based on two persons sharing twin-bedded room with private bath and/or shower. *Journeys of the Mind* and *Biblical Archaeology Society* reserve the right to substitute hotels in similar categories. SINGLE ACCOMMODATIONS: *Journeys of the Mind* and *Biblical Archaeology Society* will endeavor to arrange for a congenial roommate, this is not always possible or recommended and a single supplement will be charged when required or requested. MEALS: Breakfast daily, plus lunch, tea, dinner on board the Philae and as indicated. TRANSFERS: International arrival and departure transfers plus group transfers are provided in conjunction with tour flights. SIGHTSEEING/TRANSPORTATION: All sightseeing tours described provided by best available air-conditioned motor coaches, or other vehicles depending upon circumstances at the time of tour operation. Motor launches, horse-drawn carriages, camels, boats and feluccas are featured on some excursions. All entrance fees to places visited in the itinerary are included. LECTURER/GUIDES: Dr. Chahinda Karim will provide lectures and guiding. BAGGAGE: Includes the transportation and handling of two pieces of luggage per person throughout within the limits of airline regulations. GRATUITIES AND TAXES: All local/government taxes on hotels, meals and services listed. Tips to drivers, security, escorts, boat staff and guides are not included. ARRANGEMENTS: The tour price includes planning, handling and operating charges. The tour price is based on a minimum of 20 participants. An administration fee of \$200 will be charged for any deviation from the printed itinerary when requested in writing up to 60 days prior to departure and are not accepted after this time. All deviations are subject to the terms and conditions stated herein.

**THE TOUR COSTS DO NOT INCLUDE:** International air, passport and visa fees, cost of personal/trip cancellation and baggage insurance, transportation of excess baggage, all items of a personal nature such as laundry, beverages, drinks, gratuities, optional excursions or deviations from the scheduled tour, individual transfers to join or leave the group once the tour has commenced, meals not shown as included, menu items not on the table d'hotel menu, and any item not specifically mentioned as included.

**RATES:** All rates quoted in U.S. dollars based on tariffs and rate of exchange in effect as of May 2009. These rates are subject to change prior to the operation of the tour. In the event of a marked increase in foreign currency or in tariff rates, the cost is subject to revision.

**RESERVATION AND DEPOSIT:** Early reservations are essential. A deposit of \$500 is required to ensure your membership. Balance of payment is due no later than 90 days prior to departure.

**CANCELLATION AND REFUND:** Cancellations must be made in writing and subject to the following charges: \$250 per person at any time; 90-61 days prior to departure, \$500; from 60 days prior to departure forward, no refund unless your space can be sold. **For these and other reasons mentioned herein, you are strongly encouraged to obtain trip cancellation insurance.** A cancellation by a share could result in the need to accommodate a roommate in single accommodations, this cost will also be deducted from refunds due, if any, to the person canceling. *Journeys of the Mind* and *Biblical Archaeology Society* do not assume responsibility for cancellation fees imposed by air carriers, due to itinerary departure changes, and cancellations made after ticketing, nor are we responsible for any individual air arrangements made in connection with group flights.

**UNUSED:** Prices quoted based on group participation; no refund for unused services, airline tickets or portions of the tour not taken. Refunds cannot be made to tour members who do not complete the tour for any reason.

**INSURANCE:** *Journeys of the Mind* and *Biblical Archaeology Society* are not responsible or liable for loss, damage, or theft of personal baggage and belongings. *Journeys of the Mind* and *Biblical Archaeology Society* are not liable for personal injury, accident, or illness. We strongly suggest that you check with your insurance agent for adequate coverage for any eventualities. **Upon booking, our specially designed insurance covering baggage, accident, health and trip cancellation will be made available. We strongly recommend trip cancellation insurance.**

**VISA:** A visa is required and must be secured by the traveler prior to departure for travel to Egypt. Passports must be valid within six months from return date.

**OPTIONAL EXTENSIONS:** Terms apply to all optional extensions and excursions.

**HEALTH:** We strongly suggest that tour members contact their personal physician. By forwarding a deposit the passenger certifies that he/she does not have a physical condition that would create a hazard for him/herself or other passengers.

**SMOKING:** This is a nonsmoking tour. Smoking is not permitted where the group is gathered.

**NOTICE:** Although *Journeys of the Mind* and *Biblical Archaeology Society* make every effort to adhere to the printed itinerary, on rare occasions it may be necessary to adjust arrangements due to circumstances beyond our control. Private functions are subject to the availability of the respective sponsors at the time of travel and, occasionally, substitutions may be required. Should any activity be unavailable, substitution will be made to the best of our ability and no refund will be made. Any additional costs necessitated by such changes are the responsibility of the tour member. *Journeys of the Mind* and *Biblical Archaeology Society* reserve the right to cancel the tour prior to departure, to decline, to accept or retain any person's membership in its entirety or for any part of the tour before departure of the tour or during the tour, should such person's health, mental or physical condition, or general deportment impede or may tend to impede the normal operation of the tour and/or may or does impose on the rights and comfort of the other tour members. A refund of recoverable unused services is the limit of liability for cancellation by *Journeys of the Mind* or *Biblical Archaeology Society*. Please note: *Journeys of the Mind* and *Biblical Archaeology Society* cannot be held responsible for any hotel or airline arrangements that we have not made.

**RESPONSIBILITY:** *Journeys of the Mind*, Chicago, Illinois, and *Biblical Archaeology Society*, Washington, D.C. and their affiliates, assignees and cooperative agents act only as agents for the passenger with respect to transportation, hotels and automobile contractors. They exercise every care possible, but cannot be held responsible for personal injury in connection with the service of any airplane, train, automobile, carriage or other conveyance which is used in carrying out these tours, nor are they responsible for delay, accident, sickness, loss of personal property, strikes, armed conflict, additional expenses due to weather, disruption of advertised schedules, refusal of visas, or any other causes beyond their control. They are not responsible war, terror or acts of God. Further, the operation of the vehicles used in their tours is the full responsibility of the companies and individuals engaged in the conveying of passengers; said companies or individuals are governed by laws of the country of operations and recourse for any mishap must be filed locally. Unforeseen conditions may necessitate tour changes and the right is reserved to make such changes or withdraw the tour as deemed advisable. The right is also reserved to refuse to accept or retain any passenger on any tour at any time for any reason. All cooperating airlines and steamship companies are not to be held responsible for any act, omission or event during the time passengers are on board; the limit of the liability is that of a common carrier and the passage contract in use by such carriers, when issued, shall constitute the sole contract between companies and the purchaser of this tour and/or passenger. Acceptance of the services of *Journeys of the Mind* and *Biblical Archaeology Society* by all agents and/or travelers constitutes acceptance by them of all the above noted terms and conditions.

**RELEASE:** All members must sign a release and waiver of claims acknowledging their assumption of risk by participating in the tour.